

MAKING SMART DECISIONS Key Areas of Evaluation



MAKING SMART DECISIONS

Providence Point invites you to use the following checklist to compare us to other senior living communities you may be considering. Information about amenities, healthcare, wellness, quality of services, the continuum of care, and financial benefits are essential to your ability to make a sound decision. This checklist will help you determine your individual needs and priorities for senior living options. You are free to keep this list for future reference and as a comparison tool.

Physical Attributes		
	÷	Other Communities
Does the Healthcare community provide private, dignified care in a non- institutional setting?	4	🗅 Yes 🗖 No
Is the location convenient to shopping and hospitals?	4	🗆 Yes 🗖 No
Is the healthcare community built to meet the latest safety regulations and standards?	4	🗆 Yes 🗖 No
Are 100% of the accommodations private, including both sleeping and bathing?	٠	🗅 Yes 🗖 No
Is there a private entrance to the Healthcare community?	4	🗅 Yes 🗖 No
Is the Healthcare community designed to include the same high level of finishes, accessories and décor as the independent portion of the community? (A warm, comfortable environment versus a sterile, clinical environment?)	4	🗅 Yes 🕒 No
Are nurses' stations welcoming and approachable?	4	🗅 Yes 🗖 No
Is the community gated, and does it provide security services 24/7?	4	🗆 Yes 🗖 No

Continuum of Care Service Components ÷ Other Communities Does the community provide at least three distinct levels of care: Independent Living, Skilled Nursing, and Personal Care and, in addition, 1 □ Yes □ No offer Memory Support services? Are the Skilled Nursing and Personal Care portions of the continuum 1 □Yes □No distinct areas of the community that each offer home-like settings? Is licensed (RN or LPN) nursing coverage provided 24 hours a day? □ Yes □ No Is medication administration included in the basic daily rate in the □ Yes □ No healthcare residences? Is specialized programming provided for residents with memory Nes 🛛 1 impairment? Are there secured areas inside and out for residents who may be at risk □ Yes □ No 1 for wandering? Is there a dedicated staff member certified as an activity coordinator who oversees programming for healthcare residents with specialized □Yes □No 1 needs? Do the nursing staff and physicians use an electronic medical record 🗋 Yes 🗆 No 1 system to ensure continuity of care? Are respite services provided? 1 Healthcare Room Accommodations ÷ Other Communities Does the resident room provide a residential environment for both □ Yes □No short-term or long-term stays? Does the Personal Care residential suite provide a microwave and a 1 □ Yes □ No refrigerator, and at no extra cost? Can the thermostat in each room be adjusted as needed by each 1 □ _{Yes} □ _{No} individual resident? Is the artwork/décor attractive and inviting? 1 □ _{Yes} Is Internet access available? 1 □_{Yes} □_{No}

Are there flat screen televisions provided in each skilled nursing care room? Are laundry services included in the daily rate?

Are electric beds provided in each skilled nursing care room? Is there a quiet emergency call system in place that is non-intrusive? (No call lights or bells to disrupt sleep?) □ Yes □ No

□ Yes □ No

🗆 Yes 🔄 No

🗋 Yes

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Dining Services

	÷	Other Communities
Is more than one choice of dining venue provided?	4	🗖 Yes 🗖 No
Is the food service delivery restaurant-style with wait staff service and multiple menus provided?	4	🗅 Yes 🗖 No
Are menu items prepared from scratch?	4	🗖 Yes 🗖 No
Is it possible to order an alcoholic beverage? (What is the policy?)	4	🗖 Yes 🗖 No
Are meals served on china with napkins?	4	🗖 Yes 🗖 No
When my family visits, are there dining venues where family dining opportunities are available?	٠	🗋 Yes 📄 No
Is there a Dietician on staff full time and available to meet for private one-to-one consultation?	٠	🗅 Yes 🗅 No





Financial		
	÷	Other Communities
Is the community not-for-profit and faith-based with a history of serving residents in Western Pennsylvania?	4	🗅 Yes 🗅 No
Are 60 temporary stay days of care and services provided maximum of 100 in a calendar year in any of the healthcare settings (Personal Care, Memory Support or Skilled Nursing) for each Independent Living resident who may require a short term stay or a respite stay?	4	🗅 Yes 🗅 No
Can Long Term Care Insurance be used to offset expenses in Personal Care, Memory Support, Skilled Care, and for In-home Care?	4	🗆 Yes 🗖 No
Are there provisions in the Residence and Services Agreement that, if reported assets are depleted once accepted into a CCRC, a resident will be cared for through the end of life and not forced to leave?	4	🗆 Yes 🗖 No
Does the admission criteria allow for acceptance into the Independent Living community for couples when one spouse has a pre-existing condition and/or a terminal illness?	٠	🗆 Yes 🗖 No
Does the Residence and Services Agreement guarantee that monthly costs will be the weighted average of the Independent Living monthly fees if a LifeCare qualified resident permanently transfers to healthcare, keeping healthcare costs about the same (if not less) as what a resident would pay in the Independent Living portion of the community?	£	🗅 Yes 🗅 No
Are personal long-term care policies honored so that if a resident wishes to "pay as they go" for healthcare services, their costs will be discounted in Healthcare from the published fee for service rates AND the monthly fees in independent living will be lower than someone who pays for a LifeCare Contract?	4	🗅 Yes 🗅 No

Rehabilitation Services

	- V	Other Communities
Are there licensed Inpatient and Outpatient therapy services (Physical, Occupational and Speech therapy), most of which, with a coverable diagnosis and physician order, may be covered under Medicare benefits?	4	🗅 Yes 🗅 No
Is the therapy room adequately sized for providing the necessary services?	4	🗆 Yes 🗖 No
Does the therapy department have specialized equipment to provide a thorough balance assessment used to build an individualized program to improve balance and thus reduce risk for falls?	4	🗅 Yes 🕒 No
Will the therapy department do a home safety evaluation free of charge for residents in their living room and bathrooms, assessing exactly where safety bars should be installed?	4	🗅 Yes 🕒 No

Six Dimensional Wellness Program

	÷	Other Communities
Do all departments community-wide actively participate in offering a Culture of Wellness on six dimensions (physical, emotional, spiritual, social, intellectual and community) to meet the needs of all residents?	٠	🗅 Yes 🗅 No
Is the Fitness Center equipped with state-of-the-art, user friendly, strength, stretching and cardiovascular equipment and providing instructors to train residents on their correct use?	4	🗅 Yes 🗅 No
Is there a nationally recognized organization such as ACSM (American College of Sports Medicine), ICAA (International Council on Active Aging), or NWI (National Wellness Institute) that is backed by research which guides the principles and activities of the Wellness Program?	4	🗅 Yes 🗅 No
Does the Wellness Center provide a Wellness Calendar of events? (Ask for a copy and compare to Providence Point's program calendar!)	*	🗅 Yes 🗅 No
Does the Wellness Program have a qualified full-time Director with over 25 years of experience on staff?	4	🗅 Yes 🗖 No
Does the Wellness Program have dedicated, full-time and part-time licensed, certified and degreed wellness staff who are experienced working with seniors?	٠	🗅 Yes 🗅 No

Six Dimensional Wellness Program (continued)		
	÷	Other Communities
Does the Wellness Program have a dedicated full-time Event Planner on staff creating, with input from Residents, a jam-packed calendar of events and activities both inside and outside the community? (Ask for a copy of the Activity Calendar and compare to Providence Point's Calendar!)	4	🗋 Yes 🗖 No
Is Wellness programming offered across the continuum?	4	🗅 Yes 🗖 No
Does the community have a full service Day Spa offering hair, nails, skincare, Reiki, Reflexology, and massage?	٠	🗅 Yes 🗅 No
Are there choices provided within the Wellness Program for all levels of fitness?	4	🗅 Yes 🗖 No
Is there variety offered in the Wellness programming calendar that includes strengthening, cardio, balance, mind/body, intellectual, aquafit, spiritual, music, theater, and art as well as educational classes every month?	4	🗅 Yes 🗅 No
Does the community have a chlorine-free heated pool and hot tub?	4	🗅 Yes 🗅 No
Does the community provide swimming lessons, water exercise classes, personal conditioning coaches, and even team sports for residents?	4	🗆 Yes 🗖 No
NOTES:		





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